



# March 2023



<p>27 Chili w/ Macaroni 8oz Crackers 1ea Cheddar Cheese 1 oz Mixed Greens 1 cup w/ Dressing 1pkt Apple Slices #8</p>	<p>28 Beef Vegetable Stew 8oz Biscuit 1ea Whole Kernel Corn #8 Vanilla Yogurt #8 Berries #8</p>	<p>March 1 Sliced Turkey Mashed Potatoes Gravy Brussels Sprouts #8 Whole Wheat Roll 1sl Pear Upside Down Cake 2x2</p> <p><b>March Birthdays</b></p>	<p>2 Swiss Steak 3oz Mashed Potatoes #8 3-Bean Salad #8 Rye Bread 1ea Ambrosia Fruit Salad #8</p>	<p>3 Mac &amp; Cheese 2-ea #8 scoops Broccoli &amp; Cauliflower #8 WW Dinner Roll 1ea Mandarin Oranges #8 Bananas &amp; Vanilla Pudding #8</p>
<p>6 Ham 3oz on Marble Rye 2 sl w/ Romaine Leaf &amp; Tomato Slice Mayo 1ea Minestrone Soup 8oz Crackers 1pkt Peach Slices #8</p>	<p>7 Chicken Broccoli Casserole 2-#8 scoops Pacific Veggie Blend #8 Whole Wheat Bread 1ea Grape Juice 4oz Strawberries &amp; Yogurt #8</p>	<p>8 Shepherd's Pie 8oz Mashed Potatoes #8 Cauliflower #8 Biscuit 1ea Gingerbread Cake 2x2</p>	<p>9 Italian Rigatoni Casserole 2ea- #8 scoops Green Beans #8 1c Mixed Greens &amp; Dressing 1ea Garlic Breadstick 1ea Carrot Cake 2x2</p>	<p>10 Seasoned Baked Fish 3oz Parsley Buttered Potatoes #8 Tartar Sauce 1ea Carrots #8 Rye Bread 1ea Banana</p>
<p>13 Pulled Pork 3oz On a Bun 1ea Baked Beans #8 Scalloped Potatoes #8 Honey Bee Fruit Salad #8</p>	<p>14 Spaghetti #8 &amp; Meat Sauce 6oz Mixed Greens 1cup Dressing 1ea Garlic Breadstick 1ea Mandarin Oranges #8 Pineapple Cake 2x2</p>	<p>15 Ham 3oz Cabbage #8 Boiled Potatoes #8 Carrots #8 Rye Bread 1ea Luck O' The Irish Jell-O Poke Cake 2x2</p> <p><b>St Patty's Day Celebration</b></p>	<p>16 Roast Beef 3oz Mashed Potatoes #8 Gravy 2oz Brussels Sprouts #8 Whole Wheat Roll 1sl Fresh Grapes #8</p>	<p>17 Egg and Cheese Breakfast Bake 3"x3" Seasoned American Potatoes #8 Steamed Broccoli #8 Mini Muffin 1ea Banana 1ea</p>
<p>20 Sloppy Joe #8 On a Bun 1ea Roasted Potatoes #8 Baked Beans #8 Grape Salad #8</p>	<p>21 Kielbasa 3oz w/ Sauerkraut (pinch) German Potato Salad #8 Peas #8 Whole Wheat Bread 1sl Pineapple #8</p>	<p>22 Chicken Breast 3oz/1ea Mushroom &amp; Bacon Sauce 2oz Baby Reds #8 Brussels Sprouts #8 Dinner Roll 1ea Vanilla Yogurt &amp; Berries #8</p> <p><b>Spring Welcome</b></p>	<p>23 Salisbury Steak 3oz Mashed Potatoes #8 Gravy 2oz Squash #8 Multi-grain Bread 1sl Raisin Cookie 1ea</p>	<p>24 Tuna Noodle Casserole 2ea- #8 scoops Carrots #8 Rye Bread 1sl Diced Fruit Mix #8 Beetnik Chocolate Cake 2x2</p>
<p>27 Chicken Enchilada Casserole 2-ea #8 scoops/1cup WI Blend Vegetables #8 Biscuit 1ea Mandarin Oranges #8 Peach Upside Down Cake 2x2</p>	<p>28 Meatloaf 3oz/1ea Mashed Potatoes #8 Gravy 2oz Country Trio Veggie Blend #8 Whole Wheat Bread 1 sl Applesauce #8</p>	<p>29 Lasagna 1ea Carrots #8 Mixed Greens 1 cup w/ Dressing 1ea Garlic Breadstick 1ea Fruit Jell-O Dessert 2x2</p>	<p>30 Ham &amp; Scalloped Potatoes 2 each- #8 scoops Peas #8 Pineapple #8 Multi-grain Bread 1ea Chocolate Pudding #8</p>	<p>31 Lemon &amp; Pepper Fish 3oz Baby Red Potatoes Broccoli#8 Rye Bread 1ea Banana 1ea</p>